Acute and sub-acute toxicity of the crude extracts of the aerial parts of *Daucus carota* L. in laboratory rats

**Background:** *Daucus carota* L. belongs to the family Apiaceae and it is commonly known as carrot. The aerial part is used in some Northern parts of Nigeria as a livestock feed without scientific evidence of its safety to animal and man.

**Aim:** The study assessed the safety margins of the *D. carota* aerial parts.

**Setting:** The aerial part of *D. carota* were sourced from cultivated farmland at the outskirts of Samaru, Sabon Gari Local Government Area of Kaduna State and authenticated at Herbarium Unit of the Department of Botany, Ahmadu Bello University Zaria, Nigeria. The aerial parts were air-dried under shade, pulverised and stored properly for analysis.

**Methods:** According to the Organization for Economic Cooperation and Development (OECD) method, the acute and sub-acute toxicity studies were carried on the crude extracts of the aerial parts to evaluate the safety of the healthy Wistar rats.

**Results:** The findings from the oral acute toxicity study showed that there was no sign of toxicity and mortality at 5000 mg/kg in the *n*-hexane, ethyl acetate and methanol extracts. The sub-acute toxicity graded doses of 500 mg/kg, 1000 mg/kg and 1500 mg/kg of these extracts revealed a significant difference (*p* ≤ 0.05) on body weight, haematological parameters, liver and kidney function parameters. The histopathological effects of the extracts revealed different morphological alterations in the liver and kidney when compared with the control group.

**Conclusion:** The study concluded that the aerial parts of *D. carota* might not be safe for livestock and its consumption could be capable of causing liver, kidney, tissue injury and other related diseases to animal and man.

**Keywords:** toxicity; aerial parts; *Daucus carota*; man.

**Introduction**

Vegetables have been one of the regularly recommended cheap solutions to the malnutrition or malnourishment challenge experienced worldwide (Bello et al. 2019). They play a very important role in our diet and are most readily available sources of carbohydrates, fats, proteins, vitamins, minerals and essential amino acids (Fasuyi 2006; Sharma & Kumar 2013). Many vegetables are mainly consumed for their nutritional value without much consideration for their safety and possible contamination with related lethal effects. Aside from the nutritional intake, they have the ability to synthesize several secondary metabolites of relatively complex structures possessing antioxidants (Yadav et al. 2013). These metabolites produce specific effects on the physiology of human beings and other organisms. Recent reports indicate that there is an inverse relationship between the dietary intake of antioxidant-rich foods and the incidence of human diseases (Latifou et al. 2016). Despite their advantages, several studies have established that some vegetable species are potentially toxic to humans and animals because plant chemical compounds are produced as part of the plant’s defence against being eaten by pests and herbivores or to gain an advantage over competing with other plants (Orech et al. 2005; Latifou et al. 2016) with the potential to be toxic to humans and livestock.

However, safe natural products through low or little toxic contents and wide safety margins would benefit society towards further utilisation (Ali-Abdel-Rahman et al. 2011; FAO/WHO 2002; Sanders et al. 2010). Gandhare, Kavimani and Rajkapoor (2013) reported that the purpose of toxicity testing is to provide an adequate database to make decisions concerning the toxicology properties of chemical and commercial products. Its assessment could guide the utilisation or condition of substances including natural products under short- and long-term effects and provides adequate information about the product (Gandhare, Kavimani & Rajkapoor 2013; Obidike & Salawu 2013).
**Materials and methods**

### Plant collection, preparation and identification

The *Daucus carota* L. aerial part was collected around the Samaru farmlands, Sabon Gari Local Government Area of the Kaduna State. The whole plant of *D. carota* (root inclusive) was identified and authenticated by Mallam Namadi Sanusi, in the Herbarium Unit of the Department of Botany, ABU, Zaria, Nigeria and voucher specimen (no.: 12034) was deposited. The aerial parts were air-dried under shade, pulverised and stored in an airtight container made of plastics for further use.

### Extraction of *Daucus carota* aerial part

The powdered *D. carota* aerial parts (1.2 kg) were extracted successively in different portions of *n*-hexane, ethyl acetate and methanol successively using cold solvent maceration. It was shaken intermittently using the flask shaker for 72 hours. The filtrate obtained was concentrated to dryness in a rotovap evaporator under vacuum and later in the oven (45 °C). The extracts obtained were stored in a desiccator at room temperature.

### Experimental animals

Sixty-five (65) apparently healthy Wistar rats (*Rattus albiv*) of both sexes weighing 100–120 g were obtained from the Animal House, Department of Pharmacology and Therapeutics, Ahmadu Bello University, Zaria, Nigeria. The Wistar rats were housed in well-ventilated cages under standard environmental conditions (22 ± 2 °C, 12:12-h dark/light cycle, frequent air change), fed with normal feed and allowed free access to water ad libitum. The oral gavage route of administration was used throughout the study for the control and the treated groups in the acute and sub-acute toxicity studies of the extracts.

### Acute toxicity

Healthy Wistar rats (15, average weight 100–120 g) were used for the oral acute toxicity testing of the extracts (HAEDC, EAEDC and MAEDC) using the fixed-dose method (new Organization for Economic Cooperation and Development [OECD] FDM test guideline 420).

According to the Organization for Economic Cooperation Development (OECD 2011) guidelines, five animals for each extract were administered single oral doses each at 5 mg/kg, 50 mg/kg, 500 mg/kg, 2000 mg/kg and 5000 mg/kg body weight. The Wistar rats were observed for toxicity signs for the first 30 minutes, 1 h and at an interval of 24 h for 14 days for mortality and toxic signs such as convulsion, hyperactivity, dullness, diarrhoea, increased diuresis, tiredness, weakness, excessive urination and so on. The median lethal dose (*L*D₅₀) was determined as reported by OECD (2011) and Parasuraman (2011).

### Sub-acute toxicity studies

The 28 days’ study was carried out in accordance with OECD (2011), Olorunnisola et al. (2012), Parasuraman (2011) and Ugboagu et al. (2016). Fifty healthy Wistar rats were used and divided into four groups of five animals each. Group 1, which served as the control, received distilled water (1 mL/kg), while rats in groups 2, 3 and 4 received 500, 1000 and 1500 mg/kg body weight oral doses daily of the *n*-hexane extract (HAEDC), respectively, for 28 days. This grouping and dosing were repeated for the EAEDC and MAEDC extracts, respectively. The animals were fasted overnight prior to the first dosing; after fasting, the animals were weighed before the test extract was administered via the oral route. The animals were observed daily for general symptoms and signs of toxicity. All the rats were allowed free access to food and water throughout the duration of the study. Thirty per cent of the highest dose of *L*D₅₀ was based on the selection of the graded doses for the sub-acute toxicity study, as also reported by Adesegun, Celestina and Coker (2016).

### Body weight

The body weight of each rat was measured once before treatment (day 0), and then subsequently every week on days 7, 14 and 28 of treatment (Baghiani et al. 2013).

### Collection of blood samples

Five millilitres of blood samples of the euthanised (with diethyl ether) animals were collected by puncturing the prominent jugular vein with syringe needles into labelled heparinised (ethylene diamine tetra acetate [EDTA] bottles) and non-heparinised bottles (without EDTA). The heparinised blood samples were used for haematological evaluation, while the non-heparinised blood was allowed to coagulate, centrifuged and the sera that were separated were analysed for biochemical parameters.
Haematological parameters

The blood indices including the white blood cell (WBC), red blood cell (RBC), haemoglobin (Hgb), packed cell volume (PCV), mean corpuscular volume (MCV), mean corpuscular haemoglobin (MCH) and mean corpuscular haemoglobin concentration (MCHC) were assayed using automated Hematology Analyzer (Mind-ray BC-3600, Guangzhou Medical Equipment Co., Ltd, China) (Jaijoy et al. 2011).

Biochemical parameters

The blood samples for biochemical analyses were collected into plain universal bottles, allowed to clot and centrifuged at 3500 revolutions per minute (rpm) for 10 minutes from the three different extracts. The sera were separated and stored at -4 °C.

The biochemical parameters evaluated included alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase (ALP), total protein (TP), albumin (ALB), sodium, potassium, creatinine, chloride, urea and bicarbonate as liver and kidney function tests by the colorimetric method using Ranodx Assay Kits and Automated Biochemistry Analyzer (Jaijoy et al. 2011; Park, Choi & Kwak 2011).

Histopathological effects of the Daucus carota n-hexane, ethyl acetate and methanol extracts

The kidney and liver of the euthanised rats were harvested and sliced 3 cm - 4 cm thick and fixed in 10% formalin solution for sectioning. The fixed specimens were sliced, processed and embedded into paraffin blocks. The blocks were cut into 5 μm-thick paraffin sections by a rotary microtome. The sections were

### TABLE 1: Effects of n-hexane, ethyl acetate and methanol extracts of Daucus carota aerial part on the body weights (g) of Wistar rats after oral administration for 28 days.

<table>
<thead>
<tr>
<th>Treatment (mg/kg)</th>
<th>D/water (1 mL/kg)</th>
<th>MAEDC 500</th>
<th>MAEDC 1000</th>
<th>MAEDC 1500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-treatment</td>
<td>92.00 ± 8.37</td>
<td>96.60 ± 8.91</td>
<td>98.00 ± 15.38</td>
<td>102.60 ± 20.43</td>
</tr>
<tr>
<td>Week 1</td>
<td>96.60 ± 8.71</td>
<td>101.40 ± 13.52</td>
<td>109.60 ± 11.13</td>
<td>115.00 ± 26.56</td>
</tr>
<tr>
<td>Week 2</td>
<td>98.00 ± 8.91</td>
<td>101.40 ± 13.52</td>
<td>109.60 ± 11.13</td>
<td>115.00 ± 26.56</td>
</tr>
<tr>
<td>Week 3</td>
<td>98.00 ± 8.91</td>
<td>101.40 ± 13.52</td>
<td>109.60 ± 11.13</td>
<td>115.00 ± 26.56</td>
</tr>
<tr>
<td>Week 4</td>
<td>98.00 ± 8.91</td>
<td>101.40 ± 13.52</td>
<td>109.60 ± 11.13</td>
<td>115.00 ± 26.56</td>
</tr>
</tbody>
</table>

*Note: Data were analysed using one-way analysis of variance followed by the Bonferroni post hoc test.*

### TABLE 2: Effects of oral administration of n-hexane, ethyl acetate and methanol extracts of Daucus carota aerial part on the haematological parameters of Wistar rats after 28 days.

<table>
<thead>
<tr>
<th>Treatment (mg/kg)</th>
<th>WBC (×10^6/L)</th>
<th>RBC (×10^6/L)</th>
<th>Hgb (g/dL)</th>
<th>HCT (%)</th>
<th>MCV (μm^3)</th>
<th>MCH (μg)</th>
<th>MCHC (g/dL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>D/water (1 mL/kg)</td>
<td>8.63 ± 2.65</td>
<td>7.62 ± 0.40</td>
<td>14.82 ± 1.33</td>
<td>45.07 ± 3.80</td>
<td>59.33 ± 6.86</td>
<td>19.50 ± 2.39</td>
<td>32.87 ± 0.25</td>
</tr>
<tr>
<td>HAEDC 500</td>
<td>7.87 ± 2.29</td>
<td>6.42 ± 0.28†</td>
<td>11.37 ± 2.48</td>
<td>35.47 ± 6.43</td>
<td>76.80 ± 13.18</td>
<td>24.63 ± 5.15</td>
<td>31.87 ± 1.36</td>
</tr>
<tr>
<td>HAEDC 1000</td>
<td>7.27 ± 3.41†</td>
<td>3.17 ± 1.05†</td>
<td>8.20 ± 2.45</td>
<td>25.17 ± 8.93</td>
<td>10.13 ± 5.03†</td>
<td>26.27 ± 2.16</td>
<td>36.27 ± 1.78</td>
</tr>
<tr>
<td>MAEDC 1500</td>
<td>5.93 ± 18.35</td>
<td>2.1 ± 1.35†</td>
<td>8.53 ± 3.12</td>
<td>27.17 ± 10.08</td>
<td>84.57 ± 2.26†</td>
<td>28.53 ± 1.50†</td>
<td>31.23 ± 1.27</td>
</tr>
<tr>
<td>HAEDC 1000</td>
<td>5.53 ± 0.55</td>
<td>4.06 ± 0.29†</td>
<td>11.53 ± 9.95</td>
<td>37.93 ± 0.40</td>
<td>84.37 ± 3.82†</td>
<td>28.53 ± 1.50†</td>
<td>31.23 ± 1.27</td>
</tr>
<tr>
<td>HAEDC 1500</td>
<td>7.97 ± 3.60</td>
<td>3.93 ± 1.35†</td>
<td>17.90 ± 7.65</td>
<td>33.83 ± 6.95</td>
<td>54.60 ± 3.57†</td>
<td>23.63 ± 4.11</td>
<td>32.17 ± 0.55</td>
</tr>
<tr>
<td>EAEDC 1500</td>
<td>7.77 ± 3.32</td>
<td>3.71 ± 1.14†</td>
<td>14.70 ± 7.09</td>
<td>43.6 ± 7.02</td>
<td>56.60 ± 7.46†</td>
<td>19.07 ± 1.77</td>
<td>31.77 ± 1.27</td>
</tr>
<tr>
<td>HAEDC 500</td>
<td>8.80 ± 14.33</td>
<td>3.90 ± 1.63†</td>
<td>6.83 ± 2.47</td>
<td>22.57 ± 9.16</td>
<td>74.23 ± 10.73</td>
<td>22.90 ± 4.41</td>
<td>30.70 ± 1.67</td>
</tr>
<tr>
<td>MEAEDC1000</td>
<td>5.67 ± 0.93</td>
<td>3.76 ± 0.69†</td>
<td>9.83 ± 1.55</td>
<td>30.77 ± 5.68</td>
<td>18.53 ± 1.77</td>
<td>26.00 ± 0.79</td>
<td>32.03 ± 0.86</td>
</tr>
<tr>
<td>MEAEDC1500</td>
<td>5.37 ± 0.23</td>
<td>2.89 ± 2.15†</td>
<td>9.39 ± 4.79</td>
<td>28.53 ± 15.03</td>
<td>69.53 ± 30.73</td>
<td>48.40 ± 34.56</td>
<td>31.43 ± 2.21</td>
</tr>
</tbody>
</table>

*Note: Data were analysed using one-way analysis of variance followed by the Bonferroni post hoc test.*

### TABLE 3: Effect of n-hexane, ethyl acetate and methanol extracts of Daucus carota aerial part on hepatic indices of Wistar rats after oral administration for 28 days.

<table>
<thead>
<tr>
<th>Treatment (mg/kg)</th>
<th>ALT (IU/L)</th>
<th>AST (IU/L)</th>
<th>ALP (IU/L)</th>
<th>TP (g/dL)</th>
<th>ALB (g/dL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>D/water (1 mL/kg)</td>
<td>18.67 ± 3.06</td>
<td>21.33 ± 18.90</td>
<td>72.26 ± 14.20</td>
<td>7.31 ± 0.76</td>
<td>2.59 ± 0.13</td>
</tr>
<tr>
<td>HAEDC 500</td>
<td>6.33 ± 4.16</td>
<td>28.33 ± 1.53</td>
<td>17.14 ± 5.74†</td>
<td>5.76 ± 21.30</td>
<td>2.59 ± 0.36</td>
</tr>
<tr>
<td>HAEDC 1000</td>
<td>12.33 ± 7.00</td>
<td>28.33 ± 8.56</td>
<td>16.49 ± 0.68†</td>
<td>5.21 ± 0.78</td>
<td>2.68 ± 0.54</td>
</tr>
<tr>
<td>HAEDC 1500</td>
<td>15.00 ± 4.51</td>
<td>27.33 ± 4.61</td>
<td>11.29 ± 2.06†</td>
<td>6.42 ± 1.31</td>
<td>2.43 ± 0.15</td>
</tr>
<tr>
<td>EAEDC 1500</td>
<td>18.67 ± 0.58</td>
<td>21.33 ± 4.04</td>
<td>42.52 ± 2.22†</td>
<td>6.09 ± 0.26</td>
<td>2.68 ± 0.22</td>
</tr>
<tr>
<td>EAEDC 1000</td>
<td>20.00 ± 5.19</td>
<td>26.33 ± 6.42</td>
<td>32.88 ± 4.61†</td>
<td>6.07 ± 0.42</td>
<td>2.75 ± 0.16</td>
</tr>
<tr>
<td>EAEDC 1500</td>
<td>17.33 ± 2.52</td>
<td>28.00 ± 3.61</td>
<td>28.21 ± 12.93†</td>
<td>7.58 ± 1.67</td>
<td>2.59 ± 0.40</td>
</tr>
<tr>
<td>MEAEDC 500</td>
<td>21.67 ± 5.03</td>
<td>31.00 ± 8.54</td>
<td>12.15 ± 3.77†</td>
<td>7.24 ± 1.97</td>
<td>2.31 ± 0.26</td>
</tr>
<tr>
<td>MEAEDC1000</td>
<td>20.67 ± 4.04</td>
<td>23.33 ± 2.08</td>
<td>15.18 ± 4.63†</td>
<td>7.71 ± 2.89</td>
<td>2.27 ± 0.15</td>
</tr>
<tr>
<td>MEAEDC1500</td>
<td>23.67 ± 2.51</td>
<td>27.00 ± 3.00</td>
<td>11.28 ± 13.86†</td>
<td>6.58 ± 0.55</td>
<td>2.53 ± 0.30</td>
</tr>
</tbody>
</table>

*Note: Data were analysed using one-way analysis of variance followed by the Bonferroni post hoc test.*
stained with haematoxylin and eosin (H&E) for histological observations. The method of Olorunnisola et al. (2012) and Ugbogu et al. (2016) was used during the histopathology investigation for possible tissue lesions. Photomicrographs of the tissues were taken at the magnification of ×400.

### TABLE 4: Effect of n-hexane, ethyl acetate and methanol extracts of Daucus carota aerial part on renal indices of Wistar rats after oral administration for 28 days.

<table>
<thead>
<tr>
<th>Treatment (mg/kg)</th>
<th>Urea (µmol/L)</th>
<th>Sodium (mmol/L)</th>
<th>Potassium (mmol/L)</th>
<th>Creatinine (µmol/L)</th>
<th>Chloride (mmol/L)</th>
<th>Bicarbonate (mmol/L)</th>
</tr>
</thead>
<tbody>
<tr>
<td>D/Water (1 mL/kg)</td>
<td>37.41 ± 10.68</td>
<td>116.89 ± 14.81</td>
<td>8.08 ± 1.97</td>
<td>1.3 ± 0.44</td>
<td>83.33 ± 7.57</td>
<td>29.33 ± 2.52</td>
</tr>
<tr>
<td>HAEDC 500</td>
<td>32.48 ± 4.63</td>
<td>110.04 ± 10.03</td>
<td>6.74 ± 0.76</td>
<td>0.83 ± 0.25</td>
<td>80.00 ± 1.00</td>
<td>20.00 ± 2.65†</td>
</tr>
<tr>
<td>HAEDC 1000</td>
<td>34.48 ± 8.22</td>
<td>102.96 ± 11.61</td>
<td>6.92 ± 2.60</td>
<td>1.00 ± 0.30</td>
<td>72.33 ± 11.24</td>
<td>20.67 ± 5.51†</td>
</tr>
<tr>
<td>HAEDC 1500</td>
<td>33.71 ± 1.87</td>
<td>38.69 ± 6.45†</td>
<td>8.13 ± 4.74</td>
<td>1.33 ± 0.25</td>
<td>80.67 ± 2.08</td>
<td>21.33 ± 2.52†</td>
</tr>
<tr>
<td>EAEDC 500</td>
<td>44.72 ± 6.30</td>
<td>100.68 ± 4.53</td>
<td>6.14 ± 0.70</td>
<td>1.07 ± 0.15</td>
<td>80.67 ± 1.52</td>
<td>24.00 ± 9.54</td>
</tr>
<tr>
<td>EAEDC 1000</td>
<td>30.92 ± 12.53</td>
<td>115.33 ± 13.47</td>
<td>9.39 ± 3.11</td>
<td>1.13 ± 0.31</td>
<td>84.33 ± 1.15</td>
<td>30.33 ± 1.15</td>
</tr>
<tr>
<td>EAEDC 1500</td>
<td>34.73 ± 5.97</td>
<td>89.68 ± 6.09</td>
<td>6.78 ± 1.69</td>
<td>1.10 ± 0.20</td>
<td>87.33 ± 2.52</td>
<td>21.00 ± 1.73</td>
</tr>
<tr>
<td>MAEDC 500</td>
<td>39.18 ± 0.42</td>
<td>82.90 ± 8.32†</td>
<td>10.04 ± 1.72</td>
<td>1.00 ± 0.35</td>
<td>81.33 ± 3.70</td>
<td>29.00 ± 2.65</td>
</tr>
<tr>
<td>MAEDC 1000</td>
<td>41.81 ± 6.37</td>
<td>104.67 ± 16.03</td>
<td>7.58 ± 3.45</td>
<td>1.10 ± 0.35</td>
<td>80.67 ± 3.51</td>
<td>27.33 ± 2.08†</td>
</tr>
<tr>
<td>MAEDC 1500</td>
<td>44.28 ± 4.09</td>
<td>104.62 ± 6.89</td>
<td>5.99 ± 2.15</td>
<td>1.03 ± 0.06</td>
<td>83.67 ± 7.23</td>
<td>28.33 ± 2.52†</td>
</tr>
</tbody>
</table>

D/water, distilled water; HAEDC, n-hexane aerial part extract of Daucus carota; EAEDC, ethyl acetate aerial part extract of Daucus carota; MAEDC, methanol aerial part extract of Daucus carota.

† The mean difference is statistically significant (p ≤ 0.05) compared to the control. Mean ± standard deviation (n = 5). Data were analysed using one-way analysis of variance followed by the Bonferroni post hoc test.

### FIGURE 3: Photomicrograph showing the kidney section of (a) control group (1 mL/kg distilled water) shows the normal architecture tubules (T) and glomerulus; (b) treated with 500 mg/kg of n-hexane extract shows moderate and slight tubular necrosis; (c) treated with 1000 mg/kg of n-hexane extract shows moderate lymphocyte hyperplasia; (d) treated with 1500 mg/kg of n-hexane extract shows tubular necrosis moderate and slight lymphocyte hyperplasia necrosis (haematoxylin and eosin stain; original magnification ×400).

### Statistical analysis

All data were expressed as mean ± standard deviation and subjected to one-way analysis of variance (ANOVA) followed by the Bonferroni test for multiple comparisons, and values were taken at p ≤ 0.05 as significant.
Ethical considerations
Ethical approval for the use of laboratory animals was obtained from the Animal Rights Ethical Committee with the approval number ABUCAUC/2017/005.

Results
Acute toxicity
The acute oral toxicity of graded doses of the n-hexane, ethyl acetate and methanol extracts of *D. carota* aerial part was administered, respectively. The animals were observed for 14 days, and no mortality or any toxic signs such as tiredness, weakness, convulsion, hyperactiveness, dullness, diarrhoea and diuresis were noticed in the extracts, respectively, even at a high dose of 5000 mg/kg.

Sub-chronic toxicity
Body weight
During the second week, there was significant (*p* = 0.05) weight loss in the HAEDC and MAEDC with 500, 1000 and 1500 mg/kg lost when compared with a control group and there was no significant difference (*p* ≥ 0.05) in the EAEDC-treated group (Table 1).

Haematological parameters
The effects of the daily oral administration of the HAEDC, EAEDC and MAEDC showed a statistically significant decrease (*p* ≤ 0.05) on the red RBC at different doses when compared with the control group. However, there was a significant (*p* = 0.05) increase in the MCV of HAEDC and EAEDC with doses of 1000 mg/kg and 1500 mg/kg when
compared with the control group. Furthermore, EAEDC at a dose of 500 mg/kg showed a significant ($p < 0.05$) increase in the MCH when compared with the control group (Table 2).

**Biochemical parameters**

There was no significant difference between the serum liver biomarker, AST, alanine amino transferase (ALT), TP and ALB in the treated group and control group. However, there was a significant ($p < 0.05$) decrease in ALP of all the treated groups when compared with control group (Table 3).

There was no significant change in the serum kidney biomarkers (urea, sodium, potassium, creatinine and chloride) in the treated group when compared with the control group. However, there was a significant ($p < 0.05$) decrease in the serum bicarbonate level in HAEDC with 500 mg/kg, 1000 mg/kg and 1500 mg/kg and MAEDC with 1000 mg/kg and 1500 mg/kg body weight when compared with the control group (Table 4).

**Discussion**

The acute oral administration of up to 5000 mg/kg $n$-hexane, ethyl acetate and methanol extracts neither showed mortality nor any toxic signs in the experimental rats. The extracts could be assumed as practically safe and non-toxic. This result is in agreement with Olorunnisola et al. (2012), Parasuraman et al. (2014), Ugbogu et al. (2016) and Adesegun et al. (2016) that reported that the acute toxicity of plants could be considered practically non-toxic and safe above the oral administration of 5000 mg/kg.

Oral administration of the extracts ($n$-hexane and methanol) led to a statistically significant decrease in body weight at 500 mg/kg, 1000 mg/kg and 1500 mg/kg at week 2 when compared with the initial body weight of Wistar rats at week 0 (Table 1), while the ethyl acetate extracts had no significant difference on the body weight. This reduction was a dose-dependent decrease in their body weight and was
probably caused by the presence of some phytoconstituents in the extracts that may have interfered with the rat’s appetite and food consumption. The body weight changes serve as a sensitive indication of the general health status of animals. Changes in body weight have been used as an indicator of adverse effects of drugs and chemicals (Grance et al. 2008; Nandy & Datta 2012).

The haematopoietic system is one of the sensitive targets for toxic compounds and an important index of the physiological and pathological status in man and animals. The analysis of blood parameters is relevant to risk evaluation as the changes in haematological parameters have a high predictive value for human toxicity when the data are translated from animal studies (Olson et al. 2000). The haematological parameters of the extracts of *D. carota* aerial part showed a statistically significant difference ($p \leq 0.05$) on the RBC at 500 mg/kg, 1000 mg/kg and 1500 mg/kg when compared with the control group (Table 2). However, there was a mean decreased of the RBC on the extracts. This reduction of RBC could be the result of fatty acid or the invasion of foreign components like some classes of secondary metabolites present in the extracts that could interfere with the haematopoietic system, erythropoiesis, morphology, or osmotic fragility of the red blood cells because red blood cells are involved in the transportation of oxygen and carbon dioxide into the body (Guyton & Hall 2000; Isaac et al. 2013). Thus, a reduced red blood cell count implies a reduction in the level of oxygen that would be carried to the tissues as well as the level of carbon dioxide returned to the lungs (Isaac et al. 2013; Soetan, Akinrinde & Ajibade 2013). The extracts probably contained some classes of secondary metabolites that could interfere with the haematopoietic system. This result is comparable with the work of Guyton and Hall (2000) that reported a similar reduction in the red blood cells in some plant species. This probably showed that the extracts contained some haematopoietic-like principle that could reduce the red blood cell (Adeneye 2008; Palani et al. 2009; Wararat et al. 2012).

**FIGURE 4:** Photomicrograph showing the liver section of (a) control group (1 mL/kg distilled water) shows the normal hepatocytes; (b) treated with 500 mg/kg shows moderate pyknosis of hepatocytes nucleus; (c) treated with 1000 mg/kg shows vascular congestion sinusoidal congestion and slight vacuolation necrosis; (d) treated 1500 mg/kg shows slight Kupfer cell hyperplasia (haematoxylin and eosin stain; original magnification $\times 400$).
However, there was no statistically significant difference ($p \geq 0.05$) in the WBC, Hgb and HCT in the extracts; this probably did not affect the immune systems but might be susceptible to infection. However, the results of the haematological parameter are within the internationally accepted reference range for each haematological parameter (Daramola et al. 2005; Kifayatullah et al. 2015; NseAbasi et al. 2014; Research Animal Resources 2009; Uboh et al. 2012).

Liver function tests involve evaluating serum ALT, AST, ALP, bilirubin and ALB levels. The most commonly used indicators of liver damage are ALT and AST (Ramaiah 2011). These are enzymes normally found in liver cells that leak out of these cells into the bloodstream following an injury to the liver cells. These liver enzymes become elevated in liver cirrhosis, hepatitis, and hepatobiliary obstruction. ALT is localised primarily in the cytosol of hepatocytes and is considered to be a more sensitive marker of hepatocellular damage than AST (Saad et al. 2006). It can provide a quantitative assessment of the degree of damage sustained by the liver (Al-Mamary et al. 2002).

In this study, the liver function test (Table 3) showed a statistically significant decrease at ($p \leq 0.05$) on the ALP of the extracts, but there was no statistically significant difference in the ALT, AST, TP and ALB. The significant decrease in the ALP may be indicative of liver injury in the animals.

Urea and creatinine are considered as good prognostic indicators of renal dysfunction and kidney failure for any toxic compound (Ashour, Yassin & Abu 2006; Gnamani et al. 2008). As the kidneys become impaired, the creatinine level in the blood rises because of damage to the functional nephrons and consequently result in poor clearance by the kidneys (Aliyu et al. 2006). In the present study, the kidney function test (Table 4) of the extracts showed that there was no statistically significant difference at $p \leq 0.05$ when compared with the control group. Serum creatinine, urea and electrolytes such as sodium and calcium were not affected by the treatment of the extract. However, there was a statistically significant increase of bicarbonate (mmol/L), which was dose-dependent.

FIGURE 5: Photomicrograph showing the kidney section of (a) control group (1 mL/kg distilled water) shows the normal architecture tubules (T) and glomerulus; (b) treated with 500 mg/kg methanol extract slight tubular distortion and lymphocyte hyperplasia; (c) treated with 1000 mg/kg methanol extract shows slight glomerular necrosis; (d) treated with 1500 mg/kg methanol extract show slight tubular distortion and lymphocyte hyperplasia (haematoxylin and eosin stain; original magnification ×400).

GN, glomerulus necrosis; T, normal tubules; TD, slight tubular distortion; NC, slight hepatic necrosis; LH, lymphocyte hyperplasia; HN, slight hepatocellular necrosis; G, glomerular.
in the extracts when compared with the control group. This increase may have influenced the regulation in the levels of other kidney parameters (urea, potassium, creatinine and chloride). This is an indication that the *D. carota* aerial part may not be relatively safe for consumption. Histopathological examination is the gold standard for evaluating treatment-related pathological changes in tissues and organs (OECD 2008). The histopathological effects (Figures 1–6) of the extracts at 500 mg/kg showed moderate and slight tubular necrosis in the kidney, while the liver had slight hepatic necrosis with moderate lymphocyte hyperplasia in all of the extracts. Also, 1000 mg/kg and 1500 mg/kg of the extracts showed moderate lymphocyte hyperplasia in the kidney, while vascular congestion with Kupfer cell hyperplasia was observed in the liver. The 500 mg/kg dose of the extracts showed that the lowest dose produces a slightly detectable toxic reaction which was also reported by Leclair and Willard (1970). Because the toxicity target organs are mainly the liver and kidney, the alteration may cause liver and kidney diseases when consumed even at low doses (Okunlola et al. 2012; Soetan et al. 2013).

**Conclusion**

The sub-acute toxicity study showed that the aerial parts of the *D. carota* are not safe for consumption when consumed as a
livestock feed for animals or vegetables for man. The doses are capable of causing significant liver and kidney injury and may also have an adverse effect on the haematopoietic system. The study suggested further investigation on the chronic toxicity and isolation of the toxic components in the aerial part.

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Competing interests

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Authors’ contributions

A.E.A., A.A and I.G. designed the study and gave directions, gathered information and wrote the first draft of the article. N.A. and L.O.U. edited, proofread and participated in the data analysis of the article and put it into the journal format.

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