



Antidiarrhoeal activity of fractions of aqueous extract of *Mangifera indica* L. leaves in castor oil-induced diarrhoeal female Wistar rats

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Background: The aqueous extract of *Mangifera indica* leaves (AEMIL) has been substantiated for its antidiarrhoeal activity without information on the antidiarrhoeal-rich solvent fraction.

Aim: This study evaluated the antidiarrhoeal activity of solvent-solvent fractions from *M. indica* leaves in female Wistar rats.

Setting: This is laboratory animal-based phytopharmacological investigation conducted at the University of Ilorin.

Methods: Aqueous extract of *M. indica* leaves was successfully fractionated to give ethyl acetate fraction (EAF), n-butanol fraction (NBF) and aqueous residual fraction (ARF). The fractions at 25, 50 and 100 mg/kg body weight (bw) were screened for antidiarrhoeal activity. The antidiarrhoeal index (ADI) was also computed.

Results: Ethyl acetate fraction, NBF and ARF significantly ($p < 0.05$) extended the onset of diarrhoea, reduced fecal parameters (number, weight and water content of faeces and number of diarrhoeal faeces), masses and volumes of intestinal fluid, distance covered by charcoal meal, peristaltic index and its inhibition, with ARF exhibiting the most pronounced effects. The ADI at 25 and 100 mg/kg bw (equivalent doses of 14.09 and 56.3 mg/kg bw, respectively) of ARF which were 55.19 and 49.87, respectively were similar to 48.50 produced by loperamide/atropine sulphate. The ADI of 32.36 and 10.18 for 100 mg/kg bw each (equivalent of 26.41 and 17.24 mg/kg bw) of EAF and NBF respectively, were lower than that of loperamide/atropine sulphate (48.50).

Conclusion: Of all the fractions, the 25 mg/kg bw of ARF produced the most profound antidiarrhoeal activity via anti-motility and anti-secretory mechanisms.

Keywords: Anacardiaceae; antidiarrhoeal; anti-motility; anti-secretory; *Mangifera indica*.

Introduction

Diarrhoea is an alteration in bowel movement, characterised by increased water content, volume and frequency of stooling, usually occurring three or more times a day, whilst the frequent passing of loose 'pasty' stools or formed stools by breastfed babies is not regarded as diarrhoea (Omole et al. 2019). It is a major cause of morbidity and mortality affecting more children than adults (UNICEF 2010, 2019; Burton & Singer 2014). It can also be a sequelae for irritable bowel syndrome, gastroenteritis, cholera, malaria and diabetes mellitus (Burton & Singer 2014).

Globally, an annual incidence of about 1.7 billion childhood diarrhoeal episodes has been reported in humans, with mortality of 525 000 children under the age of five (WHO 2017). Most of the deaths from diarrhoea occur amongst children aged less than 2 years living in South Asia and sub-Saharan Africa (UNICEF 2019). Of this, Nigeria accounts for an estimate of 150 000 diarrhoeal deaths (Charyeva et al. 2015; Peter & Umar 2018).

Management strategies of diarrhoea have been to prevent dehydration via the use of oral rehydration solutions, intravenous fluids, conventional drugs such as loperamide or its combination with simethicone and antibiotics such as azithromycin and ciprofloxacin. However, these options are now known to be accompanied by severe constipation, vomiting, uncomfortable fullness and pain of the stomach, fast or irregular heartbeat and occasionally syncope. In addition, because of the continuous escalation in the healthcare

cost, perceived efficacy, the emergence of resistant pathogenic strains, potential to exhibit bioactivity through multiple mechanisms and financial austerity in major developing countries, the interest in natural product-based drug development needs to be revitalised. Therefore, exploring alternative and complementary options in medicinal plants for the management of diarrhoea will not be out of place.

Mangifera indica Linn. (family, Anacardiaceae) commonly known as mango in English and *mangoro* in Yoruba, *mangworo* in Hausa and *mangolo* in Igbo languages of Nigeria grows mainly in Africa and all ecological zones of Nigeria. The leaves have been claimed to be used for managing diabetes mellitus, dysentery, cough, pains, jaundice, ulcer, hiccup, burns, scald and diarrhoea (Muruganandan et al. 2005; Ojewole 2005; Ojo et al. 2018). The ethyl acetate fractions of *Spondias mombin* and *M. indica* leaves have been reported to inhibit the activities of α -amylase and α -glucosidase (Ojo et al. 2018). Yakubu and Salimon (2015) reported that both the 25 and 50 mg/kg body weight (bw) of aqueous extract of *M. indica* leaves (AEMIL) prolonged the commencement of diarrhoea and decreased the number, water content, and weight of faeces as well as the number of diarrhoeal faeces, whilst there was no episode of diarrhoea in the 100 mg/kg bw of AEMIL-treated female Wistar rats. Also, AEMIL increased the activity of sodium-potassium adenosine triphosphatase (Na^+/K^+ -ATPase) and dose-dependently decreased the masses and volumes of the intestinal fluid as well as the distance covered by the charcoal meal. The study concluded that AEMIL exhibited antidiarrhoeal activity and attributed this to the presence of alkaloids, flavonoids, phenolics and saponins that have been reported to enhance the activity of the Na^+/K^+ -ATPase. The report by Yakubu and Salimon (2015) however, did not provide any information on the effects of solvent-partitioned fractions of AEMIL on diarrhoea in female Wistar rats, an important step towards the *in vivo* bioactivity-guided isolation procedures that will lead to the isolation and characterisation of the bioactive agent(s).

Therefore, this study evaluated the antidiarrhoeal activity of the fractions of AEMIL in female Wistar rats.

Materials and methods

Plant material and authentication

The plant name *Mangifera indica* Linn, was checked on <http://theplantlist.org> and found to be accepted on 23 March 2012. *Mangifera indica* leaves were collected from the premises of the Senior Staff Quarters, University of Ilorin, located at Government Reserved Area of Ilorin (Global Positioning System: Latitude 8°29'28.485"N and Longitude 4°35'41.934"E), Kwara State, Nigeria. The plant was authenticated at the Herbarium Unit of the Department of Plant Biology, University of Ilorin and assigned a voucher number, UILH/001/1080.

Experimental animals

Healthy, female Wistar rats (*Rattus norvegicus*; average weight: 124.10 g \pm 3.08 g) were procured from the Department of Pharmacology, Obafemi Awolowo University, Ile-Ife, Nigeria.

Drugs and chemicals

Castor oil, loperamide hydrochloride and atropine sulphate were manufactured by Bells Sons and Co. (Druggist) Ltd., (Southport, England); Lincoln Pharmaceuticals Ltd., (Gujarat, India); and Hubei Tianyo Pharmaceutical Industry Company Limited, (Dufu Alley, Fancheng District, Xiangyang, Hubei, China). Ethylacetate, n-butanol and diethyl ether were products of Emsure Merck, (Darmstadt, Germany); Lobal Chemie Laboratory Reagents and Fine Chemicals, Lobal Chemie Pvt. Ltd, (Mumbai, India); and British Drug House Chemicals Ltd., (Poole, England), respectively.

Preparation of plant extract and solvent-solvent partitioning of aqueous extract of *Mangifera indica* leaves

The oven-dried (40°C), pulverised, fresh, *M. indica* leaves (300 g) were extracted in 3 L of distilled water. The resulting extract was lyophilised using a freeze dryer (Biobase Biodustry Co. Ltd., Shandong, China) to yield 21.12 g, which corresponded to a percentage yield of 7.04% of the starting material. The methods described by Dhawan and Gupta (2017) were adopted for the solvent-solvent partitioning of AEMIL, with slight modifications. The solution of the extract was fractionated successively using ethyl acetate and n-butanol whilst also retaining the residue. The fractions obtained (ethyl acetate-, n-butanol- and residual fractions) were then evaporated to dryness at 40°C using a rotary evaporator (Eyela, N-N Series, Rikakikai Co. Ltd., Tokyo, Japan). The resulting fractions, ethyl acetate fraction (EAF), n-butanol fraction (NBF) and aqueous residual fraction (ARF) yielded 5.58 g, 3.62 g and 11.83 g, respectively, of the starting material. The fractions were then reconstituted appropriately and used for the screening of antidiarrhoeal activity in the diarrhoeal models.

Animal handling

The female Wistar rats were kept in clean aluminium cages and maintained under well-ventilated house conditions (temperature: 27 \pm 2°C; photoperiod: about 12 hours light and dark cycle; relative humidity: 45% – 55%). The rats also had unrestricted access to rat pellets (Cap Feeds and Flours Mills Ltd, Ibadan, Oyo State, Nigeria) and clean tap water except where otherwise specified.

Determination of antidiarrhoeal activity of the fractions of aqueous extract of *Mangifera indica* leaves

Castor oil-induced diarrhoeal model

The model described by Sunil et al. (2001) was adopted with slight modification. The test animals were fasted (without food, but water) for 8 h prior to the commencement of

the experiment. Each rat was placed in a cage, the floor of which was lined with blotting paper. Rats in the first (positive control) and second (negative control) groups were orally administered 1 mL corresponding to 2.0 mg/kg bw of loperamide hydrochloride and 1 ml of distilled water, whilst the other test groups were administered equal volume corresponding to the equivalent doses of 25, 50 and 100 mg/kg bw. These were 25 mg/kg bw (equivalent dose of 6.60 mg/kg bw), 50 mg/kg bw (equivalent dose of 13.20 mg/kg bw) and 100 mg/kg bw (equivalent dose of 26.41 mg/kg bw) of EAF; 25 mg/kg bw (equivalent dose of 4.31 mg/kg bw), 50 mg/kg bw (equivalent dose of 8.62 mg/kg bw) and 100 mg/kg bw (equivalent dose of 17.24 mg/kg bw) of NBF; and 25 mg/kg bw (equivalent dose of 14.09 mg/kg bw), 50 mg/kg bw (equivalent dose of 28.18 mg/kg bw) and 100 mg/kg bw (equivalent dose of 56.35 mg/kg bw) of ARF. At 30 min post-treatment, each rat was again treated with 1 mL of castor oil and the time between the administration of the oil and the appearance of the first diarrhoeal drop was noted. The severity of diarrhoea was determined every hour for a period of 4 h by monitoring the diarrhoeal drops on the pre-weighed blotting paper placed beneath the rat cages. The total number of faeces, diarrhoeal faeces and total weight of faeces excreted as well as the number of diarrhoeal faeces were expressed as an average of six determinations and compared with those of the controls. The percentage inhibition of diarrhoeal defecation in each group was computed at the end of 4 h.

The equivalent doses of 25, 50 and 100 mg/kg bw were computed for each of the solvent-solvent fractions, according to Uwazie, Yakubu, Ashafa and Ajiboye (2020), using the following formula:

$$\text{Dosage (mg / kg bw)} = \frac{\text{Solvent partitioned fraction (g)}}{\text{Partitioned extract (g)}} \times \text{Equivalent dose (mg / kg bw)} \quad [\text{Eqn 1}]$$

Castor oil-induced enteropooling

The procedure described by Havagiray, Ramesh and Sadhna (2004) was adopted for evaluating the inhibitory effects of the fractions on the accumulation of intraluminal fluid in the small intestine of the rats. The test animals were fasted for 8 h before the experiment. The rats in the positive control group received 1 mL of atropine sulphate corresponding to 1.0 mg/kg bw intramuscularly, whilst those negative control group received orally 1 mL of distilled water. Rats in the test groups received an equal volume corresponding to the equivalent doses of 25, 50 and 100 mg/kg bw, which were 6.60, 13.20 and 26.41 mg/kg bw of EAF; 4.31, 8.62 and 17.24 mg/kg bw of NBF; and 14.09, 28.18 and 56.35 mg/kg bw of ARF. Immediately after these administrations, 1 mL of castor oil was administered orally to each rat in all of the groups. After 30 min, the rats were

sacrificed as described by Akanji and Yakubu (2000). The small intestine was excised and the intestinal contents were squeezed out into a measuring cylinder to obtain the volume and mass of the intestinal content. The inhibition of intestinal content according to Havagiray et al. (2004), was then computed using the following formula:

$$\text{Inhibition of intestinal content (\%)} = \left(\frac{\text{Control} - \text{Treated}}{\text{Control}} \right) \times 100 \quad [\text{Eqn 2}]$$

Gastrointestinal motility test

Gastrointestinal motility was determined as described by Al-Taher (2008), with slight modification. Thirty minutes after the administration of 2% (v/v) Tween-80, atropine sulphate and the various fractions of AEMIL (6.60, 13.20 and 26.41 mg/kg bw of EAF; 4.31, 8.62 and 17.24 mg/kg bw of NBF; and 14.09, 28.18 and 56.35 mg/kg bw of ARF), 1 mL of castor oil was administered orally to the rats to induce diarrhoea. After 30 min of castor oil administration, all of the rats received orally 1 mL of charcoal meal marker (10% charcoal suspension in 2% Tween-80). All the rats were sacrificed after 30 min of administration of the charcoal meal marker; the small intestine was rapidly dissected out for careful inspection. The distance covered by the charcoal meal (DCM) plug from the pylorus to caecum was measured and expressed as a percentage of the total length of the small intestine (LSI). The peristaltic index (PI) for each rat was calculated, according to Al-Taher (2008) and Yakubu and Salimon (2005), as a percentage of the DCM relative to the LSI, that is:

$$\text{PI} = \frac{\text{DCM}}{\text{LSI}} \times 100 \quad [\text{Eqn 3}]$$

The percentage inhibition relative to the control was also computed using the following formula:

$$\text{Percentage Inhibition} = \left(\frac{\text{Control} - \text{Treatment}}{\text{Control}} \right) \times 100 \quad [\text{Eqn 4}]$$

Computation of the antidiarrhoeal index

The combined effects of all of the EAF, NBF and ARF of AEMIL on the diarrhoeal models were computed and compared with their respective controls to obtain the antidiarrhoeal index (ADI) using the following formula:

$$\text{ADI} = \sqrt[3]{D_{\text{freq}} \times P_{\text{red}} \times I_{\text{red}}} \quad [\text{Eqn 5}]$$

where D_{freq} = Delay in emergence in relation to the control

P_{red} = Reduction in peristaltic movement in relation to the control

I_{red} = Reduction of intraluminal fluid content in relation to the control (Than et al. 1989).

Data analysis

Data that were mean \pm standard error of mean (SEM) of six experiments were subjected to one-way analysis of variance and Tukey's *post hoc* test. The data were considered statistically significant at $p < 0.05$ using GraphPad Prism version 6.01 (GraphPad Software, Inc., San Diego, California, United States).

Ethical consideration

Ethical approval to conduct the study was obtained from the Ethical Review Committee of the University of Ilorin (reference number: UERC/ASN/2017/916).

Results

Effects of the aqueous extract of *Mangifera indica* leaves fractions on diarrhoea induced by castor oil

The EAF, NBF and ARF exhibited varying degrees of effects on the faecal parameters of diarrhoeal rats that were induced by castor oil administration (Table 1). Although EAF, NBF and ARF extended the time of commencement of diarrhoea in the rats, the extension by the dose of 100 mg/kg bw (equivalent dose of 56.34 mg/kg bw) of ARF was the most pronounced (from 5 min to 84 min) (Table 1). Furthermore, the EAF, NBF and ARF significantly reduced ($p < 0.05$) the total number, weight and water content of faeces as well as the number of diarrhoeal faeces, with the most pronounced reduction exhibited by the diarrhoeal rats that received 100 mg/kg bw (equivalent dose of 56.35 mg/kg bw) of ARF. For each of the solvent fraction, the ARF at 100 mg/kg bw (equivalent dose of 56.35 mg/kg bw), EAF at 100 mg/kg bw (equivalent dose of 26.41 mg/kg bw) and NBF at 50 mg/kg bw (equivalent dose of 8.62 mg/kg bw) produced the most significant reduction

of the faecal parameters (Table 1). Similarly, the ARF at 100 mg/kg bw (equivalent dose of 56.35 mg/kg bw) produced the highest inhibition of defecation (93.34%) of all the three fractions (Table 1), whereas the highest for EAF at 100 mg/kg bw (equivalent dose of 26.41 mg/kg bw) and NBF at 50 mg/kg bw (8.62 mg/kg bw) were 31.42% and 11.43%, respectively (Table 1).

Effects of the aqueous extract of *Mangifera indica* leaves fractions on enteropooling induced by castor oil

The volume of the intestinal content and the mass of the intestinal fluid were significantly ($p < 0.05$) reduced by EAF, NBF and ARF, with the ARF at 25 mg/kg bw (equivalent dose of 14.09 mg/kg bw) producing the most pronounced reduction (Table 2). The reduction, however, did not compare well ($p > 0.05$) with those of atropine sulphate-treated diarrhoeal rats. In contrast, the most striking inhibition of intestinal fluid (45.20%) amongst all the doses of the fractions was produced by the ARF at 25 mg/kg bw (equivalent dose of 14.09 mg/kg bw) (Table 2).

Effects of the aqueous extract of *Mangifera indica* leaves fractions on charcoal meal transit time

The distance covered by the charcoal meal from the pylorus to the caecum varied with the fractions of AEMIL (Table 3). Generally, the distance covered by the charcoal meal by all the fractions in the diarrhoeal rats was significantly ($p < 0.05$) lower when compared with that of distilled water-treated rats (Table 3). Similarly, the computed PI was also lower when compared with that of the distilled water-treated rats. Although the inhibition of peristalsis produced after the administration of EAF, NBF and ARF was generally higher than the distilled water-treated diarrhoeal rats, the inhibition of peristalsis for the ARF at 25 mg/kg bw (equivalent dose of

TABLE 1: Effects of the solvent-solvent fractions of aqueous extract of *Mangifera indica* leaves on castor oil-induced diarrhoea in female Wistar rats.

Faecal parameters	Loperamide	Distilled water	Ethyl acetate fractions			n-Butanol fractions			Aqueous residual fractions		
			2.0	0	25	50	100	25	50	100	25
Actual doses (mg/kg body weight)	2.0	0	25	50	100	25	50	100	25	50	100
Equivalent doses (mg/kg body weight)	2.0	0	6.60	13.20	26.41	4.31	8.62	17.24	14.09	28.18	56.35
Onset time (minutes)	46.03 \pm 2.51‡	5.13 \pm 0.81†	9.86 \pm 0.88§	15.87 \pm 2.14¶	20.55 \pm 2.07††	15.65 \pm 1.33§	24.17 \pm 1.95¶	9.23 \pm 1.01††	139.44 \pm 15.19§	57.68 \pm 5.13¶	83.51 \pm 7.04††
Total number of faeces	9.00 \pm 0.71‡	12.25 \pm 0.48†	11.75 \pm 0.85†	8.75 \pm 0.25‡	8.00 \pm 0.41‡	12.50 \pm 1.04†	10.25 \pm 0.25§	10.67 \pm 1.20‡§	1.75 \pm 0.63§	7.00 \pm 0.71¶	2.33 \pm 0.33††
Number of diarrhoeal faeces	3.75 \pm 0.63‡	8.75 \pm 0.38†	8.75 \pm 0.48†	6.50 \pm 0.51‡	6.00 \pm 0.41‡	10.00 \pm 0.41†	7.75 \pm 0.25†	8.00 \pm 1.00†	0.50 \pm 0.19§	4.15 \pm 0.23‡	0.32 \pm 0.03§
Weight of faeces (g)	3.19 \pm 0.53‡	6.61 \pm 0.44†	5.88 \pm 0.37†	5.25 \pm 0.29‡	4.60 \pm 0.27¶	6.74 \pm 0.15†	5.93 \pm 0.17§	6.11 \pm 0.51‡	0.14 \pm 0.01§	3.72 \pm 0.27‡	0.19 \pm 0.06§
Water content of faeces (mL)	1.51 \pm 0.29‡	4.78 \pm 0.23†	4.47 \pm 0.25†	2.91 \pm 0.12‡	3.07 \pm 0.12§	4.61 \pm 0.18†	4.13 \pm 0.13§	3.58 \pm 0.19§	0.02 \pm 0.00§	2.50 \pm 0.13¶	0.04 \pm 0.00§
Inhibition of defecation (%)	57.14 \pm 0.00	0.00 \pm 0.00	0.00 \pm 0.00	25.71 \pm 0.00	31.42 \pm 0.00	0.00 \pm 0.00	11.43 \pm 0.00	8.57 \pm 0.00	94.29 \pm 0.00	52.57 \pm 0.00	96.34 \pm 0.00

Note: Values are mean \pm SEM of six experiments.

SEM, standard error of mean.

†, Loperamide-treated control.

‡, Each parameter ($p < 0.05$).

§, ¶, ††, Test values are different from that of the distilled water-treated control.

TABLE 2: Effects of the solvent–solvent fractions of aqueous extract of *Mangifera indica* leaves on castor oil-induced enteropooling in female Wistar rats.

Faecal parameters	Atropine sulphate	Distilled water	Ethyl acetate fractions			n-Butanol fractions			Aqueous residual fractions		
Actual doses (mg/kg body weight)	1.0	0	25	50	100	25	50	100	25	50	100
Equivalent doses (mg/kg body weight)	1.0	0	6.60	13.20	26.41	4.31	8.62	17.24	14.09	28.18	56.35
Mass of intestinal contents (g)	2.31 ± 0.15‡	5.73 ± 0.81†	3.88 ± 0.06§	3.91 ± 0.03§	3.72 ± 0.16§	4.95 ± 0.19†	6.03 ± 0.34†	4.28 ± 0.36§	3.14 ± 0.01§	3.75 ± 0.22¶	3.33 ± 0.06§
Volume of intestinal fluid (mL)	1.81 ± 0.29‡	4.60 ± 0.23†	3.00 ± 0.07§	3.15 ± 0.11¶	2.89 ± 0.10¶	4.00 ± 0.10§	4.50 ± 0.22¶	3.77 ± 0.18¶	2.05 ± 0.07§	2.50 ± 0.11¶	2.44 ± 0.10¶
Inhibition of intestinal fluid (%)	59.69 ± 0.00	0.00 ± 0.00	32.29 ± 0.00	31.76 ± 0.00	35.08 ± 0.00	13.61 ± 0.00	0.00 ± 0.00	25.31 ± 0.00	45.20 ± 0.00	34.56 ± 0.00	41.88 ± 0.00

Note: Values are mean ± SEM of six experiments.

SEM, standard error of mean.

†, Atropine sulphate-treated control.

‡, Each parameter ($p < 0.05$).

§,¶, Test values are different from that of the distilled water-treated control.

TABLE 3: Effects of the solvent–solvent fractions of aqueous extract of *Mangifera indica* leaves on gastrointestinal motility of the female Wistar rats.

Faecal parameters	Atropine sulphate	Distilled water	Ethyl acetate fractions			n-Butanol fractions			Aqueous residual fractions		
Actual doses (mg/kg body weight)	1.0	0	25	50	100	25	50	100	25	50	100
Equivalent doses (mg/kg body weight)	1.0	0	6.60	13.20	26.41	4.31	8.62	17.24	14.09	28.18	56.35
Length of small intestine (cm ²)	94.03 ± 2.50‡	87.15 ± 0.90†	88.52 ± 2.11†	89.95 ± 1.90†	88.40 ± 2.00†	92.12 ± 1.33‡	95.07 ± 4.95‡	88.70 ± 3.25†	89.74 ± 3.05†‡	92.15 ± 6.10‡	93.12 ± 4.09‡
Distance travelled by charcoal meal (cm ³)	56.00 ± 2.28‡	84.15 ± 3.11†	66.67 ± 1.15‡	73.41 ± 3.06§	57.13 ± 4.19‡	73.15 ± 1.20‡	75.02 ± 3.91§	80.05 ± 1.77‡	50.67 ± 2.17‡	71.22 ± 5.81§	58.29 ± 2.08‡
Peristaltic index (%)	59.56 ± 0.01	96.56 ± 0.05	75.32 ± 0.10	81.61 ± 0.02	64.63 ± 0.01	79.41 ± 0.07	78.91 ± 0.05	90.25 ± 0.01	56.46 ± 0.01	77.29 ± 0.03	62.60 ± 0.02
Inhibition of peristalsis (%)	33.45 ± 0.00	0.00 ± 0.00	20.77 ± 0.00	12.76 ± 0.00	30.73 ± 0.00	13.07 ± 0.00	10.85 ± 0.00	4.87 ± 0.00	39.79 ± 0.00	15.37 ± 0.00	30.73 ± 0.00

Note: Values are mean ± SEM of six experiments.

SEM, standard error of mean.

†,‡, Across the rows for each parameter are significantly different at $p < 0.05$.

§,¶,††, Test values are different from that of the distilled water-treated control, † and ‡.

TABLE 4: Antidiarrhoeal index of the fractions of aqueous extract of *Mangifera indica* leaves.

Solvent–solvent fractions	Loperamide/atropine sulphate	Distilled water	Antidiarrhoeal index		
Actual dose (mg/kg body weight)	2/1	0	25	50	100
Ethyl acetate	48.50	0.00	0.00	22.72	32.36
n-butanol	48.50	0.00	0.00	0.00	10.18
Residual	48.50	0.00	55.19	30.34	49.87

Note: Equivalent doses (mg/kg body weight).

Ethyl acetate: Loperamide/atropine sulphate = 6.60; distilled water = 13.20; antidiarrhoeal index = 26.41.

n-Butanol: Loperamide/atropine sulphate = 4.31; distilled water = 8.62; antidiarrhoeal index = 17.25.

Residual: Loperamide/atropine sulphate = 14.09; distilled water = 28.18; antidiarrhoeal index = 56.35.

14.09 mg/kg bw) was higher than that of the atropine-treated diarrhoeal rats (Table 3).

Antidiarrhoeal index of the aqueous extract of *Mangifera indica* leaves fractions

The computed ADI of the fractions of AEMIL was higher than that of distilled water-treated diarrhoeal rats (Table 4). However, compared with the combination of the reference drugs (loperamide/atropine sulphate), the ADI of the ARF at 25 mg/kg bw (equivalent dose of 14.09 mg/kg bw; ADI of 55.15) and 100 mg/kg bw (equivalent dose of 56.35 mg/kg bw; ADI of 49.87) were

higher than that of the loperamide/atropine sulphate (48.50) (Table 4).

Discussion

The use of plants or plant products is usually perceived to be efficacious against myriads of ailments, some of which are without scientific credence to substantiate or refute such claims. The preliminary pharmacological screening of crude extracts of medicinal plants, which is a step towards the successful isolation of bioactive principles, will serve as lead for drug development and promote conservation and sustainability of ancient knowledge.

The findings of this study on castor oil-induced diarrhoea suggest that all the fractions (EAF, NBF and ARF) of AEMIL at varying doses delayed the onset of diarrhoea and reduced the episodes of the disease. However, the ARF at 100 mg/kg bw (equivalent dose of 56.35 mg/kg bw) exhibited the most profound antidiarrhoeal activity, with 96.34% inhibition of defecation and 84 min delay in the onset of diarrhoea. This outcome was in line with the previous findings of Yakubu and Salimon (2015) after the administration of AEMIL to castor oil-induced diarrhoeal female Wistar rats.

During diarrhoea, there is an increased production of secretagogues (such as prostaglandins, histamines and acetylcholine), which promote secretion over the reabsorption process, thus leading to a collection of fluid in the intestinal area (Sebai et al. 2014). The EAF, NBF and ARF of AEMIL stimulated the inhibition of the castor oil-induced enteropooling as evidenced by the reduction in the weight and volume of intestinal fluid content. Consistently, the ARF exhibited the most striking inhibition of hypersecretion, namely, reduced secretion and increased absorption of water and electrolyte in the small intestine (Shah 2004). This implies that the ARF contained some appreciable amount of bioactive compounds, which eventually subdued the production of secretagogues. The anti-enteropooling activity exhibited by the ARF at 25 mg/kg bw (equivalent dose of 14.09 mg/kg bw) in the present study compared well with the previous finding of Yakubu and Salimon (2015) in terms of volume and masses of the fluid in the small intestine, but the inhibition of intestinal fluid accumulation (45.20%) was not as high (66.45%) as that reported by Yakubu and Salimon (2015). The factors responsible for this large difference in the computed inhibition of intestinal fluid are not immediately known, but may be connected with the extraction process adopted in the present study.

An increase in intestinal propulsive movement leads to a short reabsorption time, which progresses into diarrhoea. The trend in suppression of charcoal meal movement in the intestinal transit model was similar to those of the anti-enteropooling and antidiarrhoeal models. The drop in the PI by the 100 mg/kg bw of EAF (equivalent of 24.61 mg/kg bw) and ARF (equivalent dose of 56.35 mg/kg bw) in a manner similar to the atropine sulphate corroborates the anti-motility effects of the fractions at this dose. Also, it is noteworthy to emphasise that the most profound reduction in the PI was exhibited by the ARF at 25 mg/kg bw (equivalent of 14.09 mg/kg bw) as evidenced from the inhibition of peristalsis, which was the highest amongst all the treatment groups including the atropine sulphate-treated rats. All these consistently emphasise the anti-motility effect of the ARF at 25 mg/kg bw.

Antidiarrhoeal index denotes the combined effects of all the diarrhoeal components in a given model such that a higher ADI connotes a better efficacy and well-rounded action

against diarrhoea (Prasad et al. 2014). The current study indicates that ARF produced the highest ADI of all the fractions and compared well with that of loperamide hydrochloride/atropine sulphate. Expectedly, the NBF that had little or no activity in all of the diarrhoeal models exhibited the least ADI. This implies that the antidiarrhoeal principles of AEMIL are most abundant in the ARF.

Conclusion

This study concluded that ARF exhibited the most profound antidiarrhoeal activity in AEMIL and acted via anti-secretory and anti-motility mechanisms as evidenced by the decrease in water content and inhibition of peristalsis.

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Competing interests

The authors have declared that no competing interest exists.

Authors' contributions

M.T.Y. designed the work and proofread the manuscript for intellectual content. S.S.S. designed the work, gathered the data, conducted the statistical analysis and drafted the manuscript. Both authors approved the final manuscript to be published in the journal.

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Data availability statement

Data sharing is applicable to this article as new data were created or analysed in this study.

Disclaimer

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