A picture containing grass, outdoor

Description automatically generated

Figure 7: Mbira

Source: (Turino 1992)



Figure 8: Malawians during Malipenga, holding gourd Kazoo

Source: (Seyani 2014)

Text

Description automatically generated

Figure 11: Young girl playing kigwala (singular of Bigwala)

Source: (Isabirye 2021)

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